



INTERNATIONAL INDIAN PUBLIC SCHOOL – RIYADH

15 June 2026

REF: IIPS/PRL/26-27/037

Celebration of International Yoga Day - Grade VI to VIII

“Yoga – Is a science of wellbeing, a science of youthfulness, science of Integrating Body, Mind and soul”

Dear Parents,

We are pleased to inform you that our school will be celebrating International Yoga Day as part of our ongoing commitment to promote health, wellness and mindfulness among our students.

In this regard, as per the directives received from the Central Board of Secondary Education (CBSE) and the Embassy of India, Riyadh, the school has decided to organize event as per the following schedule.

Day & Date	Grades	Place
Wednesday 17 June 2026	VI-VIII	Multi-Activity Room

Dress Code: P.E Uniform

Things to Carry: Yoga mat

We encourage all students to participate actively and embrace the **spirit of Yoga – a timeless practice that fosters harmony between mind and body.**

Best Regards,

Mumtaz/15/6/26

Mrs. Mumtaz Begum
Principal

